



LEGACY

Gymnastics Academy, Inc.

THE HANDSTAND PRESS

Fall News from Legacy Gymnastics
August 2011



Dear Miranda,

WELCOME BACK! As the new school year starts and we all get back to a "regular" schedule, don't forget to contact the front office as soon as possible to get the class choice that you want. Classes fill up fast this time of year! As a reminder, the annual registration fee will be due in September.

HAPPY FIFTH ANNIVERSARY TO LEGACY GYMNASTICS! We will be celebrating with an anniversary party and open gym on Saturday, August 20th from 1:00 - 3:00 pm. The cost is \$10/student, and we will be playing games, eating cupcakes, and having open gym time as well. Bring your friends!

THE CLASS SCHEDULE basically stays the same year-round, so you can expect that the class you were in this past year is still on the same day and time. We've opened some additional advanced tumbling classes as well!

Best Wishes for a Great School Year!

Miranda Repsher

UPCOMING EVENTS FALL 2011

AUG 20 - Anniversary Party and Open Gym, 1:00 - 3:00 pm, \$10/student



AUG 27 - Level 4-6 District Qualifier, Dana's Gymnastics, Santa Fe, TX

SEPT 10 - Level 4-6 District Qualifier, Stars Gymnastics, Houston, TX

SEPT 10 - National Gymnastics Day and World

NOV 5 - Level 4 South State, Stars Gymnastics

NOV 12 - Level 5 South State, Reflex Gymnastics

NOV 19 - Level 6 State Championships, Infinite Bounds

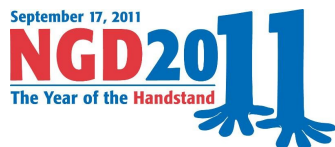
NOV 21 - 27 - GYM CLOSED FOR THANKSGIVING HOLIDAYS

NOV 21 - 22 - Thanksgiving Day Camps,
9:00 am - 2:00 pm, \$32/day non-members, \$28/day members

DEC 3 - Level 5 State



Record Handstand Attempt!
12:30 pm



SEPT 24 - Level 4-6 District Qualifier, Reflex Gymnastics, Pearland, TX

OCT 1 - Judge's Cup, Woodlands Gymnastics Academy

OCT 3-8 - Bring a Friend Week!



OCT 8 - Level 4/6 District Championships, Dana's Gymnastics, Santa Fe

OCT 12-13 - Photo sessions with Pizzazz Photography

OCT 22 - Level 5 District Championships, Houston Gymnastics Academy



OCT 29 - Level 6 South State Championships, Juergen's Gymnastics

OCT 29 - Halloween Costume Contest and Sleepover! \$30/student, 7:00 pm - 8:00 am



ATTENTION GYMNASTS, TUMBLERS, CHEERLEADERS and DANCERS!

Are you looking for some extra help on that one particular skill? Our instructors also offer 30-min or 60-min PRIVATE LESSONS! Some of the most popular skills we work on are back handsprings, front walkovers, back walkovers, and aerial cartwheels. Contact the front office for more information!

281-482-9300

Championships, Woodlands Gymnastics

DEC 19 - JAN 1 - GYM CLOSED FOR CHRISTMAS HOLIDAYS

DEC 19 - 21 - Christmas Day Camps,
9:00 am - 2:00 pm, \$32/day non-members, \$28/day members



JAN 2 - Classes Resume

Mornings at Legacy Gymnastics ...
SOMETHING FOR ADULTS TOO!

PEARLAND FIT BODY BOOTCAMP/ MY STATUS FIT



TRAINER: CHELSIE ROBINSON

What you receive when you join Status Fit:
Total Body Toning Bootcamp Workouts

Never the same workouts to combat boredom

Nutrition Guidance and Food Log Analysis

Weekly Phone Calls, Texts and/or Emails

Bi-monthly Newsletter with updates, motivation, tips and recipes

Progress Pictures, Measurements, Fitness Testing

Contact Chelsie Robinson @ chelsie@mystatusfit.com for Fall Bootcamp Schedules!