



1331 E. Broadway, Ste. C. Pearland, TX 77581. 281-482-9300. www.legacy-gym.com

I am excited to welcome you and your family to the Legacy Gymnastics Academy program. The Legacy program, founded in August 2006, has been established in order to provide our students a truly well rounded, highly competitive gymnastics program, whereby students will learn not only the proper development of gymnastics skills, but will build the proper character and goals for young athletes. Our program will encourage leadership and excellence in each of our students by promoting perseverance, discipline, pride in individual accomplishment, and self-confidence, values that encourage our students to accept challenges and responsibilities that few young people come to know.

The Legacy Gymnastics Academy provides a wide range of gymnastics and tumbling training, including daytime and evening classes, preschool classes, a developmental as well as competitive gymnastics program, and tumbling classes. We also offer special events, including birthday parties, day camps, and field trips. The program also offers the lowest student-to-instructor ratios in the area, meaning that your child will receive more personal attention from his or her instructor as well as more experience on the apparatus. The Legacy program hires only the most qualified, professional staff so that the most knowledgeable instructors in the area will train your child.

As the owner of the Legacy Gymnastics Academy, I am excited that each one of you will be a part of this program and participate in the establishment of a new legacy!

Best,

Miranda Repsher



FALL 2007 TUMBLEBEES PRESCHOOL and SCHOOL AGE SCHEDULE

CLASSES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Toddler Bees	11:30 – 12:15 pm					10: 30 – 11:15 am
3 Bees	9:30 – 10:20 am 4:00 – 4:50 pm	5:00 – 5:50 pm 6:00 – 6:50 pm	4:00 – 4:50 pm	5:00 – 5:50 pm		9:30 – 10:20 am
4 Bees	10:30 – 11:20 am 5:00 – 5:50 pm		5:00 – 5:50 pm 6:00 – 6:50 pm	6:00 – 6:50 pm		11:30 – 12:20 pm
Kinder Bees	6:00 – 7:00 pm 7:00 – 8:00 pm	4:00 – 5:00 pm	7:00 – 8:00 pm	4:00 – 5:00 pm		
Beginning Gymnastics	4:00 – 5:00 pm 6:00 – 7:00 pm	4:00 – 5:00 pm 7:00 – 8:00 pm	4:00 – 5:00 pm 6:00 – 7:00 pm	4:00 – 5:00 pm 7:00 – 8:00 pm		
Intermediate Gymnastics	5:00 – 6:00 pm 7:00 – 8:00 pm	5:00- 6:00 pm	5:00 – 6:00 pm 7:00 – 8:00 pm	5:00 – 6:00 pm		
Advanced Gymnastics	7:00 – 8:00 pm		7:00 – 8:00 pm			
Beginning/ Intermediate Tumbling (6- 11 years)		6:00 – 7:00 pm		6:00 – 7:00 pm		
Beginning/ Intermediate Tumbling (12- 18 years)	8:00 – 9:00 pm		8:00 – 9:00 pm			

Toddler Bees (1 ½ - 2 years): Parents share in their child's delight as students stretch, crawl, climb, and roll! The class will focus strongly on gross motor movements that increase coordination and flexibility, as well as introduce students to gymnastics terminology, tumbling skills and gymnastics apparatus.

3 Bees/4 Bees (ages 3 – 4 years): This program is specially designed with our little ones in mind! We know how quickly children develop during this period, which is why we have further divided this age group into two separate classes for three's and four's. Students will begin by focusing on gross motor movements and coordination focused activities, and progress into learning basic gymnastics skills. We also maintain a low student per teacher ratio for our preschool classes so that your child is able to experience more turns on the equipment and more personal attention from his or her teacher!

Kinder Bees (ages 5 years): The Kinder Bee class is a transitional class for our Kindergarten students to help them move easily into our school age program. Students will begin to receive more specific instruction on basic gymnastics skills, while still maintaining a comfortable, creative, and encouraging preschool environment.

Beginning/Intermediate/Advanced Gymnastics (ages 6 – 18 years): Our school-age gymnastics program is designed for girls with little or no gymnastics experience as well as students that have a solid foundation of beginning level elements and are ready to move on to on more advanced tumbling and apparatus work. The focus of the class will be building basic skills through proper progressions with a strong emphasis on tumbling (rolls, cartwheels, handstands, and bridges), as well as the women's Olympic events (vault, uneven bars, balance beam, and trampoline). Class activities and lesson plans are based on the USA Gymnastics Level 1-3 Junior Olympic Program. Students will also participate in activities designed to increase strength, flexibility and body awareness. Low student:teacher ratio in all classes.

Beginning/Intermediate Tumbling (ages 6 – 18 years): This class is designed for students with little or no tumbling experience as well as students that have mastered back handsprings and are ready for higher level tumbling. The focus will be on developing a strong foundation of basic tumbling skills (i.e. rolls, handstands, cartwheels, bridges, etc.), and proper drills and progressions for front and back handsprings. Students will also work on cheer jumps and motions. Class activities and lesson plans are based on the USASF guidelines and will also include activities designed to increase strength, flexibility, body awareness, and team building.



TEAM TRAINING SCHEDULE 2007-2008

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DEVELOPMENTAL TEAM		4:00 – 5:30 pm		4:00 – 5:30 pm		
JUNIOR TEAM		5:30 – 7:30 pm		5:30 – 7:30 pm		
LEVEL 4 TEAM	5:00 – 8:00 pm		5:00 – 8:00 pm		5:00 – 8:00 pm	
LEVEL 5 TEAM	5:00 – 8:30 pm		5:00 – 8:30 pm		5:00 – 8:30 pm	
LEVEL 6 TEAM	4:30 – 8:30 pm		4:30 – 8:30 pm		4:30 – 8:30 pm	9:00 am – 1:00 pm
LEVEL 7 – OPTIONAL TEAM	4:30 – 8:30 pm		4:30 – 8:30 pm		4:30 – 8:30 pm	9:00 am – 1:00 pm

Developmental Team

The Developmental Team program is a modified Junior Team program designed for young (4-6 year old) students that show interest and capability in pursuing competitive gymnastics. Gymnasts are invited to join the program based on performance in preschool and beginning level classes and demonstration of other physical, mental, and emotional abilities, including leadership, positive mental attitude, desire, strength, endurance, flexibility, creativity, and body awareness. Students will work on mastering beginning and intermediate level gymnastics skills and techniques to prepare them for the Junior Team or Level 4 program.

Junior Team

The Junior Team program is designed to further develop athletes who wish to pursue competitive gymnastics. Gymnasts are invited to join the team program based on their mastery of fundamental gymnastics skills in the developmental program as well as demonstration of other physical, mental, and emotional abilities, including leadership, positive mental attitude, desire, strength, endurance, flexibility, creativity, and body awareness.

Level 4-6 Compulsory Team

The USA Gymnastics compulsory program is designed to provide progressive training based on physical development and performance in the competitive environment. In the compulsory program, gymnasts compete on all four women's Olympic events in local as well as statewide meets. Competition season generally runs from August to December, although meets may also be scheduled in the spring.

Level 7-10 Optional Team

These athletes compete in the USA Gymnastics program in local, state, regional, and national competitions. This level of competition requires a higher level of physically and mentally challenging gymnastics training. Competition season generally runs from December to April.

TUITION SCHEDULE

REGISTRATION:

The annual registration fee is \$42 per child, or \$72 per family. This fee is due in September, and will be prorated for new students throughout the school year. The first and last month's tuition is also due at registration (may be split into two payments). Students are also required to purchase the Legacy Gymnastics uniform, which will be available in the front office for \$35 (\$15 t-shirt for tumbling students).

RATES PER 4 WEEK SESSION

Mom and Me Gymnastics \$110	\$45	Developmental Team
Tiny Tots Gymnastics (1 hr/wk) \$120	\$55	Junior Team
Tiny Tots Gymnastics (2 hr/wk) \$150	\$85	Level 4 Team
One Hour Class per Week \$200	\$65	Level 5-6 Team
Two Hour Class per Week \$250	\$95	Level 7 – Optional Team
Three Hour Class per Week	\$110	

CHECKS PAYABLE TO: Legacy Gymnastics

Call us at 281-482-9300 for additional information on registration and class availability

All fees are due by the first week of each session. Fees not paid by the 10th of the month are subject to a \$10.00 late charge. Insufficient checks are subject to a \$20.00 charge.

2007-2008 SESSION DATES: (each session consists of four weeks)

Session 1: (September Session):	Aug. 27 – Sept. 22
Session 2: (October Session):	Sept. 24 – Oct. 20
Session 3: (November Session):	Oct. 22 – Nov. 17 (Closed Nov. 19-24)
Session 4: (December Session):	Nov. 26 – Dec. 22 (Closed Dec 24-Jan 6)

Classes resume Monday, Jan. 7, 2008

Session 5: (January Session):	Jan. 7 – Feb. 2
Session 6: (February Session):	Feb. 3 – Mar. 1
Session 7: (March Session):	Mar. 3 – Mar. 29
Session 8: (April Session):	Mar. 31 – Apr. 26
Session 9: (May Session):	Apr. 28 – May 24
Session 10: (June Session):	May 26 – June 21
Session 11: (July Session):	June 23 – July 26 (Closed June 30 – July 6)
Session 12: (August Session):	July 28 – Aug. 23

OFFICE POLICIES

1. **ATTENDANCE/MAKE-UP CLASSES:** It is important to your child's progress that he or she attends their regularly assigned class. So that we may keep our classes as consistent as possible and keep our student:teacher ratios low, we will only allow *one* make-up class per eight weeks. Make-up classes must be scheduled in advance through the front office, and will only be scheduled if there are similar classes available in which to make-up that are not filled.
2. **CLASS MOVEMENT:** In the event that your child needs to change class times or is moved up to the next level, please provide a written notice or return the advancement form to the front office.
3. **TEMPORARY OR PERMANENT LEAVE:** A thirty-day written notice is required in the event of a temporary or permanent leave from the program in order to apply the prepaid last month's deposit. Students may be considered "temporarily out" of the program for up to two months with a written notice (in case of vacation, injury, etc.) without being dropped from the program. Students missing from the program longer than two months without notice will be automatically dropped from the program, and must reregister upon return.
4. **TUITION AND FEES:** There will be a \$10 late fee for payments made after the 10th of the month. There will be a \$20 returned check fee.

GYMNASIUM RULES

1. DO NOT enter the gymnasium or participate in any gymnastics-related activity without the direct supervision of a qualified instructor.
2. NO ONE other than currently registered and enrolled students is allowed in the gymnastics area or on the equipment *for any reason*. (This includes parents, guardians, siblings, friends, etc.)
3. Proper gymnastics attire is required. Jewelry is not allowed to be worn during training.
4. All students should have their hair tied back *neatly* and out of the face.
5. No food, drinks, or gum are allowed in the gym area.
6. No running or horseplay is allowed in the gym or the observation area. All children in the waiting area must be supervised *at all times*.
7. Students should remain inside until their parents arrive. Proper attire and shoes must be worn when entering and exiting the building.
8. Proper behavior and adherence to gym rules is expected of all students. Failure to act in an appropriate and safe manner may result in a student's removal from the gym area.
9. Any activity involving motion, rotation, or height may cause serious accidental injuries, which can result in paralysis or death. Failure to adhere to gym rules and safety guidelines will **not** be tolerated. Parents must make their children aware of the possibility of injury and the rules of the gym and insist that students follow the safety rules and coaches' instruction.

IMPORTANT DATES
2007-2008

JULY 2007

July 2 – 7	GYM CLOSED FOR JULY 4 th WEEK
July 10	July tuition due
July 9 – 13	Summer III Gymnastics Camp; 9:00 am – 2:00 pm
July 14	Open Gym; 1:00 – 2:00 pm
July 16 – 20	Summer IV Gymnastics Camp; 9:00 am – 2:00 pm
July 28	Open Gym; 1:00 – 2:00 pm

AUGUST 2007

August 4	Open Gym; 1:00 – 2:00 pm
August 10	August tuition due
August 11	Open Gym; 1:00 – 2:00 pm
August 18	Open Gym; 1:00 – 2:00 pm
August 25	Open Gym; 1:00 – 2:00 pm
August 27	School Starts!

SEPTEMBER 2007

September 10	September tuition due
September 10 – 22	Student Evaluations
September 15	Open Gym; 1:00 – 2:00 pm

OCTOBER 2007

October 10	October tuition due
October 13	Open Gym; 1:00 – 2:00 pm
October 27	Halloween Sleepover

NOVEMBER 2007

November 10	November tuition due
November 10	Open Gym; 1:00 – 2:00 pm
November 19 – 24	CLOSED FOR THANKSGIVING WEEK

DECEMBER 2007

December 8	Open Gym; 1:00 – 2:00 pm
December 10	December tuition due
December 10 – 22	Student Evaluations
December 15	Team Christmas Party; 1:00 – 3:00 pm
December 17 – 22	Student Christmas Parties
December 24 – January 5	CLOSED FOR CHRISTMAS HOLIDAYS

JANUARY 2008

January 7 Classes Resume
January 12 January tuition due
January 12 Open Gym; 1:00 – 2:00 pm

FEBRUARY 2008

February 2 Open Gym; 1:00 – 2:00 pm
February 10 February tuition due

MARCH 2008

March 10 March tuition due
March 17 – 29 Student Evaluations
March 20 Spring Break Gymnastics Camp; 9:00 am – 2:00 pm

APRIL 2008

April 5 Gymfest Practice Session/Open Gym; 1:00 – 2:00 pm
April 10 April tuition due
April 12 Gymfest Practice Session/Open Gym; 1:00 – 2:00 pm
April 19 Gymfest Practice Session/Open Gym; 1:00 – 2:00 pm
April 26 Spring Gymfest

MAY 2008

May 10 May tuition due

JUNE 2008

June 7 School's Out! Sleepover
June 10 June tuition due
June 14 Open Gym; 1:00 – 2:00 pm
June 16 – 20 Summer I Camp
June 21 Open Gym; 1:00 – 2:00 pm
June 23 – 27 Summer II Camp
June 28 Open Gym; 1:00 – 2:00 pm
June 30 – July 5 CLOSED FOR JULY 4TH WEEK

JULY 2008

July 7 Gym reopens
July 10 July tuition due
July 12 Open Gym; 1:00 – 2:00 pm
July 14 – 18 Summer III Camp
July 19 Open Gym; 1:00 – 2:00 pm
July 21 – 25 Summer IV Camp
July 26 Open Gym; 1:00 – 2:00 pm